

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



May 2026

ICAN2 Consultation Sessions

The time has come to start the process of re-commissioning the ICAN2 activities offer. We want to understand the experience of children and young people, parent carers and professionals of the ICan2 offer, and to work with you on a new offer.

13th May 1.30-2.30pm: Newport Library, 53-55 High Street, Newport, TF10 7AT

21st May 10.30-11.30am: PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU

1st June 10-11am: <https://teams.microsoft.com/meet/312811456333167?p=CwsJFZNcDP3ioe7qih>

4th June 6-7pm: <https://teams.microsoft.com/meet/335838711748629?p=sLb5SJsZkwsB8U1NA5>

8th June 9.30-12.30pm: The Bridge School, Waterloo Road, Hadley, TF1 5NQ

If you are unable to attend the sessions, please share your thoughts via email to shortbreaks@telford.gov.uk. We'd love to meet you and work with you on this exciting project. Please let us know what reasonable adjustments you may need in order to attend and engage with us.

Calvert Lakes

3 Days 2 Nights
7th - 9th Or 28th - 30th
August 2026

Sensory Room
Canoeing
Rock Climbing
Adapted Bikes

PODS CHARITY
THE CAR MAKE A DIFFERENCE

Join PODS on a truly inclusive holiday experience for all the family, regardless of ability.

Highly subsidised including all meals
£150
Per person

Affordable payment plans available
£50
Deposit per person

Holiday Package

- Very limited availability
- All meals, drinks, accommodation and activities included
- Specialist SEND holiday provider
- Onsite sensory room and hydro pool
- Fully accessible activities including wheelchairs

Transport not included

For more information or to book a place contact Elaine on 07540049759 or email elaine@podstelford.org

The Extra Chromie Club

JOIN US FOR:
Free Play
Games
Refreshments
Quiet Room
Crafts

ALL AGES WELCOME

FIND OUT MORE
TheExtraChromieClub@outlook.com
[TheExtraChromieClub](https://www.facebook.com/TheExtraChromieClub)

The Extra Chromie Club is a welcoming, non-profit community based in Telford where children and adults with Down Syndrome, along with their families can come together, have fun and build long lasting friendships.

We hold monthly get togethers each with their own theme. There are a range of activities provided, including; sensory bins, crafts, puzzles, games, toys. We also have a baby area and quiet area for those that need it.

The Extra Chromie Club

Monday

ICAN2 Creative Arts	4.30-6.30pm	Admaston House	Book online at www.4all.foundation
PODS Little Buds (premature baby group)	10-11.30am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS All Age Sensory Session	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Lego OR Stem	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Home Education Group	10.30-12pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Junior SEND Softplay	4-5.30pm	Telford Ice Rink	No booking required.
Senior SEND Softplay	6-8pm	Telford Ice Rink	No booking required.

Tuesday

PODS Blossom and Bloom (0-5)	10-11.30am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Minecraft	4-5pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Youth Wellbeing Group (6-16)	3.45-5.15pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Pirates and Princesses SEND Session	4-6pm	Halesfield 17, Telford	Book by calling 01952 977205
Primary Family Fun Session	4-5pm (third Tuesday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062
Girls Social Group (year 6-13)	5.30-.6.30 (second Tuesday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062

Wednesday

PODS Lego	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
LGBT Youth Group (11-16)	4.30-5.30pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333

Thursday

PODS Activity Session	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Youth Club (11-18)	6-8pm (fortnightly)	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Sensory Cooking Adventure for ASD (6-16)	4-5pm (fortnightly)	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Dugout Youth Group (11-18)	5-6.30pm (first Thursday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062

Friday

ICAN2 Creative Arts	4.30-6.30pm	Admaston House	Book online at www.4all.foundation
ICAN2 Youth Club	4.30-6.30pm	Arleston Community Centre	Book online at www.4all.foundation
Sensory Connections (0-2)	9.30-10.30am	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
SEND Skate	5-6pm	Telford Ice Rink	No booking required.

Saturday

ICAN2 Creative Arts	12-2pm	Admaston House	Book online at www.4all.foundation
ICAN2 Youth Club	2-4pm	Hollinswood Centre	Book online at www.4all.foundation
ICAN2 Sports and Leisure	10-1pm	Southall School	Book online at www.geniustuition.co.uk/ican2
PODS Activity Session	10-11am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Jungleland SEND Session	8-9.30am	Interchange House, Trench Lock, Telford, TF1 6SZ	Book online at www.junglelandtelford.com

Sunday

SEND Family Swim	12.15-1.15pm	Abraham Darby Leisure Centre	Book by calling 01952 382770
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Children must be ICAN2 members to attend the ICAN2 activities included above. If you would like to register your child as an ICAN2 member, please email shortbreaks@telford.gov.uk or visit www.telfordsend.org.uk

As well as the activities listed above, there are a huge range of SEND and SEND inclusive activities held in the community. You can find these listed online at www.telfordsend.org.uk/homepage/16/activities_and_events