

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



March 2026

NEW ICAN2 Passes

We are always keen to expand our ICAN2 Passes offer. We are very pleased to now be working with Telford Ice Rink to offer vouchers for the Ice Rink and Soft Play.

The voucher covers one ICAN2 member and one companion. Additional people are not included in the offer, but you can book them upon arrival if they have availability. We require 5 days' notice on all bookings. There is a limit of one booking per child per fortnight. Bookings can be made for any 'Public Skate' or 'Play Session' time slots. You can refer to their timetable online at www.telfordicerink.co.uk/info/4/timetables

If you would like to register your child as an ICAN2 member, please email shortbreaks@telford.gov.uk to request an application form.



Activity 4 All (18+)

For those of you approaching 18, there are bespoke activities especially for adults living with a learning disability in Telford.

Starting 1st April 2026, a range of activities for local people aged 18 and over who are living with a learning disability, funded by Sport England's Movement Fund Programme. Including:

- Instructor-led gym sessions in Stirchley
- Footgolf in Horsehay
- Yoga in Sutton Hill
- Gymnastics in Wellington
- Cycling in Telford Town Park
- Multisports and outdoor pursuits in Wellington
- Swimming in Newport
- Dancing in Randlay
- Movement To Music in Wellington
- Ten Pin Bowling in central Telford
- Basketball in Stirchley
- Dry slope tubing in Madeley
- Bowls, Boxing and New Age Kurling in Sutton Hill

Booking opens on Monday 16th March.

For full details including venues and costs please visit www.healthytelford.com/activity-for-all

To book and pay for a place please call 01952 567960 or email enquiries@harpc.org.uk

Monday

ICAN2 Creative Arts	4.30-6.30pm	Admaston House	Book online at www.4all.foundation
PODS Little Buds (premature baby group)	10-11.30am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS All Age Sensory Session	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Lego OR Stem	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Home Education Group	10.30-12pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Junior SEND Softplay	4-5.30pm	Telford Ice Rink	No booking required.
Senior SEND Softplay	6-8pm	Telford Ice Rink	No booking required.

Tuesday

PODS Blossom and Bloom (0-5)	10-11.30am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Minecraft	4-5pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Youth Wellbeing Group (6-16)	3.45-5.15pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Pirates and Princesses SEND Session	4-6pm	Halesfield 17, Telford	Book by calling 01952 977205
Primary Family Fun Session	4-5pm (third Tuesday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062
Girls Social Group (year 6-13)	5.30-.6.30 (second Tuesday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062

Wednesday

PODS Lego	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
LGBT Youth Group (11-16)	4.30-5.30pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333

Thursday

PODS Activity Session	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Youth Club (11-18)	6-8pm (fortnightly)	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Sensory Cooking Adventure for ASD (6-16)	4-5pm (fortnightly)	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Dugout Youth Group (11-18)	5-6.30pm (first Thursday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062

Friday

ICAN2 Creative Arts	4.30-6.30pm	Admaston House	Book online at www.4all.foundation
ICAN2 Youth Club	4.30-6.30pm	Arleston Community Centre	Book online at www.4all.foundation
Sensory Connections (0-2)	9.30-10.30am	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
SEND Skate	5-6pm	Telford Ice Rink	No booking required.

Saturday

ICAN2 Creative Arts	12-2pm	Admaston House	Book online at www.4all.foundation
ICAN2 Youth Club	2-4pm	Hollinswood Centre	Book online at www.4all.foundation
ICAN2 Sports and Leisure	10-1pm	Southall School	Book online at www.geniustuition.co.uk/ican2
PODS Activity Session	10-11am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Jungleland SEND Session	8-9.30am	Interchange House, Trench Lock, Telford, TF1 6SZ	Book online at www.junglelandtelford.com

Sunday

SEND Family Swim	12.15-1.15pm	Abraham Darby Leisure Centre	Book by calling 01952 382770
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Children must be ICAN2 members to attend the ICAN2 activities included above. If you would like to register your child as an ICAN2 member, please email shortbreaks@telford.gov.uk or visit www.telfordsend.org.uk

As well as the activities listed above, there are a huge range of SEND and SEND inclusive activities held in the community. You can find these listed online at www.telfordsend.org.uk/homepage/16/activities_and_events