

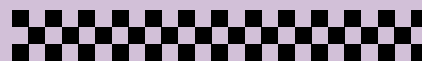
UPCOMING EVENTS...

April-June 2026



**WED
1ST
APRIL**

All age chess club Open Day

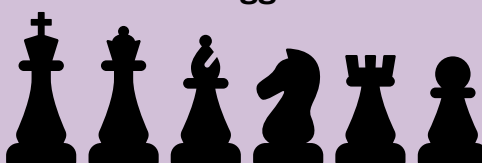


Please join the Autism Hub Staff for a Chess Open Day. From beginners to experienced players, You are welcome to join us here at the Telford quiet chess club for it's Easter Open Day.

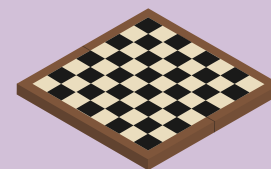
16.15- 18.00



Free Easter Egg and a drink



Address - Brookside Community Centre,
Bembridge, TF3 1LP



**THUR
2ND
APRIL**

Autism Acceptance Week Information Stand and Autism Rocks Colour walk



To celebrate Autism Acceptance week please join the Autism Hub team for a colour walk around Attingham park. You are welcome to wear your brightist clothing.

We will meet for 11am outside Attingham Parks Entrance.

Address Attingham Park, Atcham, Shrewsbury SY4 4TP

To celebrate Autism Acceptance week please join the Autism Hub team in Telford Shopping centre where we will have an information stand. Why not come and say Hello.

11-1 Walk

9:00-15:00

Info Stand



Location: Outside Claires in Telford Shopping Centre



**TUES
7TH
APRIL**

Autism Friendly Cookery Course

Book your space on our four week cookery course. Learn how to prepare easy healthy meals that focus on reducing food waste, saving time and energy.

15:00-17:00

**TUES
28TH
APRIL**

Pre-Booking Essential

Address - Brookside Community Centre, Bembridge,
TF3 1LP

**TUES
14TH
APRIL**



£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April-June 2026

**THURS
9TH
APRIL**

Tenpin Bowling and Snooker



Please join the Autism hub staff for a game or two of Bowling in Telford Town Centre.

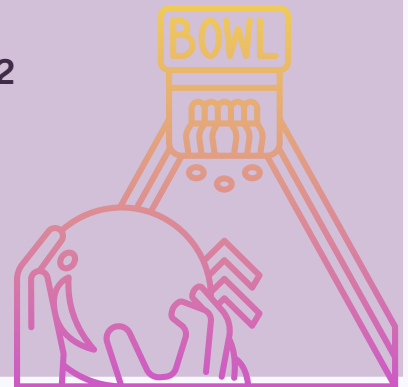
You are also welcome to come along and play Snooker.

13.00-15.00

You can purchase your own food and drink from the venue.



The cost of the activity will be £7.50 for 2 games. Snooker is £1.50 a game



£

We will meet you outside the Bowling alley at 13.00

**MON
13TH
APRIL**

AuDHD Group

We are launching an inclusive, supportive space for individuals who identify with the combined experiences of Autism and ADHD. This group welcomes people of all backgrounds, identities, and lived experiences. What you can expect: A respectful, judgement free community, Shared insights and peer support, Understanding of diverse communication styles and needs. Space to celebrate strengths and navigate challenges together. If you are looking for connection, Validation, and a community that embraces Neurodiversity in all its forms then you are warmly invited to join us. Everyone's experience is valid and all are welcome.



17.30-19.00

Address - Family Zone , Suite 12 & 15 Hazledine House , Central Square, Telford Centre, Telford, Shropshire, TF3 4JL



FUTURE LOCATION TO BE DECIDED

£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

**WED
15TH
APRIL**

Chess Club

**WED
29TH
APRIL**

16.15-17.00

A welcoming and inclusive chess club for players of all ages, backgrounds, and skill levels. Whether you're completely new to the game and eager to learn, or an experienced player seeking a challenge, you'll find a friendly, supportive environment here. Come along to play casual or competitive games, share strategies, improve your skills, and connect with others who share your passion for chess. Everyone is encouraged to join, learn, and enjoy the timeless game together.

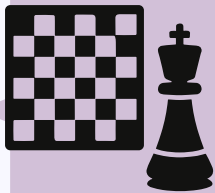
17.00-18.00

18+



Please note: The 16.15 -17.00 session is for those aged 18 years and under and the 17.00-18.00 is for those 18 years and over. Those that attend the 16.15 session are welcome to stay and join in with the 18 and over session.

**Address - Brookside Community Centre,
Bembridge, TF3 1LP**



**THURS
16TH
APRIL**

Supper Club

Join us for an evening of tasty food, the opportunity to meet new friends and socialise, in a safe and relaxing environment. Each Month we will have a two course menu with vegetarian/vegan options available.



17.30-19.00

£

£10 per person with a soft drink included
Booking essential.



Address - Brookside Community Centre, Bembridge, TF3 1LP

£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

**FRI
17TH
APRIL**

Information, Advice and Guidance Drop-In



Meet a range of professionals who can provide support and guidance

11.00-13.00

- Education Employment Advisory Support Team (Job Box)
- TELFORD MIND
- Adult Social Care
- The Healthy Lifestyles Team Telford:
- Job Centre Plus
- Citizens Advice Bureau
- Aquarius
- DWP
- Trident Group
- Teldoc
- Learning disabilities navigator



ADDRESS - FAMILY ZONE, SUITE 12 & 15 HAZLEDINE HOUSE, CENTRAL SQUARE, TELFORD CENTRE, TELFORD, SHROPSHIRE, TF3 4JL

**TUES
21ST
APRIL**

Silver Threads Drop-in



The Silver Threads Drop-In is a welcoming space where older adults can access support and reliable information. Our team offers clear advice and guidance on local services and activities, with signposting to specialist help when needed. We are here to help you stay informed, supported, and connected to your community.

15:30-18:00



Address - Silver Threads Hall, Next to Lawndale, Wellington Road, Donnington, Telford, TF2 8AD



£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

**THURS
23RD
APRIL**

Spring Craft

Lets get together to celebrate the start of spring with a range of craft activities. Supported by tthe hub team

1.300 -
15>00



ADDRESS - FAMILY ZONE, SUITE 12 & 15 HAZLEDINE HOUSE, CENTRAL SQUARE, TELFORD CENTRE, TELFORD, SHROPSHIRE, TF3 4JL

**WED
29TH
APRIL**

Autistic Women's Support Group (WAG)



17:30 -19.00

We are inviting our users who identify as female/were assigned female at birth/femme-presenting to our Autistic Women's/AFAB Support Group. We recognise how unique the autistic female experience is and want to open up the conversation around neurodiversity in a safe and friendly space. Join us in a relaxed, accepting group for a drink & a chat amongst others with shared experiences.



Address - The Wakes, Theatre Square, Oakengates, Telford, TF2 6EP

**THURS
30TH
APRIL**

ASD Learning and Affirming Group

New support group for those seeking support after an ASD diagnosis Diagnosis. This group is for those that have received an Autism diagnosis within the last three months.

11.30 12.30

Please come along to gain support and to share your experiences with the Autism hub staff and your Peers.

Family Zone, Suite 12 & 15 Hazledine House, Central Square, Telford Centre, Telford, Shropshire, TF3 4JL

£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

**THUR
30TH
APRIL**

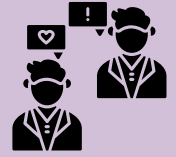
13.00-15.00

Disclosure Workshop

This workshop will take place in our family zone on the second floor of Hazledine House.

Understand when, why and where you should and could share you ASD diagnosis.

Come and share your experience of your Autism Diagnosis, looking at who, where and why.



Family Zone, Suite 12 & 15 Hazledine House, Central Sq

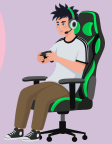
**THUR
30TH
APRIL**

17.00-18.30



SYNAPSE Youth Group

If you are aged 16-24 then please join us for our monthly activity.



Family Zone, Suite 12 & 15 Hazledine House, Central Square, Telford Centre, Telford, Shropshire, TF3 4JL



**TUES
5TH
MAY**

15.00-16.30

Autism Friendly Cookery Course

Book your space on our 4 week cookery course. Learn how to prepare easy health meals that focus on reducing food waste, saving time and energy

Pre booking essential (limited places)



Address - Brookside Community Centre, Bembridge, TF3 1LP

**TUES
12TH
MAY**



**THUR
7TH
MAY**

13.00-15.00

Wellness Walk

Please join the Autism hub staff for a leisurely walk around the Beautiful and scenic Telford Town Park.



We will meet at 13.00 at Southwater

£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

**MON
11TH
MAY**

AuDHD Support Group

We have an inclusive, supportive space for individuals who identify with the combined experiences of Autism and ADHD. This group welcomes people of all backgrounds, identities, and lived experiences. What you can expect: A respectful, judgement free community, Shared insights and peer support, Understanding of diverse communication styles and needs. Space to celebrate strengths and navigate challenges together.

17.30-19.00



Address - To be decided nearer the time.



**WED
13TH
MAY**

All Age Chess Club

A welcoming and inclusive chess club for players of all ages, backgrounds, and skill levels. Whether you're completely new to the game and eager to learn, or an experienced player seeking a challenge, you'll find a friendly, supportive environment here. Come along to play casual or competitive games, share strategies, improve your skills, and connect with others who share your passion for chess. Everyone is encouraged to join, learn, and enjoy the timeless game together.

16.15-17.00

17.00-18.00

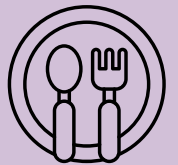
18 +



Please note: The 16.15 -17.00 session is for those aged 18 years and under and the 17.00-18.00 is for those 18 years and over. Those that attend the 16.15 session are welcome to stay and join in with the 18 and over session.

**Address - Brookside Community Centre,
Bembridge, TF3 1LP**

**WED
27TH
MAY**

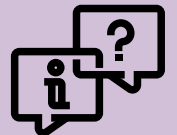


INFORMATION, ADVICE AND GUIDANCE DROP-IN

**FRI
15TH
MAY**

Meet a range of professionals who can provide support and guidance

11-13.00



ADDRESS - FAMILY ZONE, SUITE 12 & 15 HAZLEDINE HOUSE, CENTRAL SQUARE, TELFORD CENTRE, TELFORD, SHROPSHIRE, TF3 4JL

£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

SILVER THREADS DROP-IN

**TUES
19TH
MAY**

The Silver Threads Drop-In is a welcoming space where older adults can access support and reliable information. Our team offers clear advice and guidance on local services and activities, with signposting to specialist help when needed. We are here to help you stay informed, supported, and connected to your community.

15:30-17:45



Address - Silver Threads Hall, Next to Lawndale, Wellington Road, Donnington, Telford, TF2 8AD

Would you like a Thursday daytime 1-3pm activity as well as Supper club?

Speak to our team and let them know

**THURS
21ST
MAY**

Supper Club

Join us for an evening of tasty food, the opportunity to meet new friends and socialise, in a safe and relaxing environment. Each Month we will have a two course menu with vegetarian/vegan options available.



£10 per person with a soft drink included
Booking essential.

17:30-19:00



Address - Brookside Community Centre, Bembridge, TF3 1LP



April - June 2026

WED
27TH
MAY

Autistic Women's Support Group (WAG)

17:30 - 19:00



We are inviting our users who identify as female/were assigned female at birth/femme-presenting to our Autistic Women's/AFAB Support Group. We recognise how unique the autistic female experience is and want to open up the conversation around neurodiversity in a safe and friendly space. Join us in a relaxed, accepting group for a drink & a chat amongst others with shared experiences.

Address - The Wakes, Theatre Square, Oakengates, Telford, TF2 6EP



THURS
28TH
MAY

Anxiety workshop

13:00-15:00



This workshop will take place in our family zone on the second floor of Hazeldine House.

Come and share your experience with our Autism West Midlands Specialist and the Autism Hub staff.

ADDRESS - FAMILY ZONE, SUITE 12 & 15 HAZLEDINE HOUSE, CENTRAL SQUARE, TELFORD CENTRE, TELFORD, SHROPSHIRE, TF3 4JL

THURS
28TH
MAY

SYNAPSE Youth Group

17:00-18:30



If you are aged 16-24 then please join us for our monthly activity.

Activity to be decided nearer the time so look out for updates.

Family Zone, Suite 12 & 15 Hazledine House, Central Square, Telford Centre, Telford, Shropshire, TF3 4JL



April - June 2026

**TUES
2ND
JUNE**

Autism Friendly Cookery Course

**TUES
9TH
JUNE**

15.00- 17.00

Book your space on our four week cookery course. Learn how to prepare easy healthy meals that focus on reducing food waste, saving time and energy.

**TUES
23RD
JUNE**

Address - Brookside Community Centre, Bembridge, TF3 1LP



**THURS
4TH
JUNE**

Wellness Walk and Picnic



13.00-15.00

Please Join the Autism Hub staff for a walk and picnic in Telford Town Park.

Please bring your lunch with you.

We will meet at 13.00 outside Southwater



**WED
10TH
JUNE**

All Age Chess Club

**WED
24TH
JUNE**

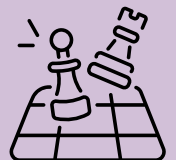
16.15-17.00

A welcoming club for all ages and abilities to enjoy the game of chess. Whether you're a beginner wanting to learn or an experienced player looking for a challenge, come along to play, share tips, and connect with others in a friendly environment.

17:00-18:00

18+

Please note: The 16.15 -17.00 session is for those aged 18 years and under and the 17.00-18.00 is for those 18 years and over. Those that attend the 16.15 session are welcome to stay and join in with the 18 and over session.



Address - Brookside Community Centre, Bembridge, TF3 1LP

£ - There will be a cost involved for this event



If you would like to attend any of our Upcoming Social Events, please contact us via. email; admin@telfordautismhub.org.uk or call us directly on 01952 916109.

April - June 2026

**THURS
11TH
JUNE**

Exotic Zoo



13.00-15.00

Please join the Autism Hub Staff for a fun and educational visit to the Exotic zoo which is located within the heart of Telford 450 acre Town Park.

The cost of this event will be £7.00 on the door on the day

You can meet the hub staff outside Southwater for 12.45 or outside the zoo for 13.00

£

Address: Hinkshay Road, Telford Town Park.



AuDHD Support Group

**MON
15TH
JUNE**

We have an inclusive, supportive space for individuals who identify with the combined experiences of Autism and ADHD. This group welcomes people of all backgrounds, identities, and lived experiences. What you can expect: A respectful, judgement free community, Shared insights and peer support, Understanding of diverse communication styles and needs. Space to celebrate strengths and navigate challenges together. If you are looking for connection, Validation, and a community that embraces Neurodiversity in all its forms then you are warmly invited to join us. Everyones experience is valid and all are welcome.

17.30-19.00



Address -to be decided



**TUES
16TH
JUNE**

Silver Threads Drop-in

The Silver Threads Drop-In offers a welcoming space access support, and find reliable information. Our team provides clear advice along with guidance on local services and activities. We also offer signposting to specialist help when needed. The drop-in is here to help you stay informed, supported, and part of the community.

15.30-17.45



Address - Silver Threads Hall, Next to Lawndale,
Wellington Road,, Donnington, Telford, TF2 8AD



April - June 2026

Autistic Pride Day



THUR
18TH
JUNE



Please join the Autistic LGBTQ Group at the Boardroom Gaming Cafe for this Autistic Pride day Celebration

13:00-15:00



"Autistic Pride Day is a pride celebration for autistic people held annually, recognising the importance of pride for autistic people. It is a chance to come together as a community, share our experiences, and support each other and help raise awareness about autism and promote inclusion of autistic people in society.

If you're Autistic, get involved and show the world how amazing you are. And if you're not Autistic, show your support and spread the word about the importance of acceptance and inclusion for autistic individuals.



PRIDE
DAY



Autistic Pride Day is all about celebrating our unique identity and the diversity of the human experience. Let's embrace our differences, promote understanding, and make the world a more accepting and inclusive place for everyone."



Entry into the boardroom cafe is £3.00 per hour so for the 2 hours it will be £6.00. You will also need to purchase your own food and drink.



Pre Booking is essential through contacting the Autism Hub.



£

Boardroom Gaming Cafe, 13 New Street, Wellington, Telford, TF1 1LU



April - June 2026

**THURS
18TH
JUNE**

Supper Club



Join us for an evening of tasty food, the opportunity to meet new friends and socialise, in a safe and relaxing environment. Each Month we will have a two course menu with vegetarian/vegan options available.

17.30-19.00



£10 per person with a soft drink included
Booking essential.

£

Address - Brookside Community Centre, Bembridge, TF3 1LP



Information, Advice and Guidance Drop-In

**FRI
19TH
JUNE**

- Education Employment Advisory Support Team (Job Box)
- TELFORD MIND
- Adult Social Care
- The Healthy Lifestyles Team Telford:
- Job Centre Plus
- Citizens Advice Bureau
- Aquarius
- DWP
- Trident Group
- Teldoc
- Learning disabilities navigator

11.00-13.00

Meet a range of professionals who can provide support and guidance

Address - Family Zone , Suite 12 & 15 Hazledine House , Central Square, Telford Centre, Telford, Shropshire, TF3 4JL



April - June 2026

**WED
24TH
JUNE**

Autistic Women's Support Group (WAG)

Our Autistic Women's group is a safe and friendly space with like minded individuals, so please join us in a relaxed, accepting group for a drink & a chat among others with shared experiences.

We invite individuals who identify as female, Femme presenting or assigned female at birth



17.30 - 19.00

Address - The Wakes, Theatre Square, Oakengates, Telford, TF2 6EP



**THUR
25TH
JUNE**

Online Sensory Workshop

This workshop will include sensory systems and how they can be affected by Autism. The workshop will take place online and delivered by Autism West Midlands.



13.00-15.00

Pre Booking Essential

Please email admin@telfordautismhub.org.uk for the teams link.

**THUR
25TH
JUNE**

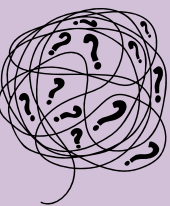
SYNAPSE Youth Group

If you are aged 16-24 then please join us for our monthly activity. Activity to be decided nearer the time



17.00-18.30

Address - Family Zone , Suite 12 & 15 Hazledine House , Central Square, Telford Centre, Telford, Shropshire, TF3 4JL



**IF YOU HAVE ANY IDEAS FOR OUR NEXT
ACTIVITY PROGRAMME THEN PLEASE GET IN
TOUCH!**

