

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



June 2025

Short Breaks Statement 2025

The Short Break Statement is designed to show how we meet the social care needs of Children and Young People with disabilities in Telford and Wrekin. It shows the levels of support available, who it is available to and how to access it.

Following consultation on the content of the Short Breaks Statement 2024, we took feedback from parent carers and professionals into account and have published a new and improved version.

You can view a copy of the Short Breaks Statement 2025 online at: www.telfordsend.org.uk/site/scripts/home_info.php?homepageID=9

Support Available Whilst Waiting for Your Child's Appointment

NHS Healthier Together have published a new webpage with a number of resources which you may find useful whilst waiting for a health appointment or assessment.

The short, animated videos have been produced with input from children and young people who use the services, to help explain what the services offer to children and young people who are diagnosed with a learning disability and or autism.

Dynamic Support Register:

The Dynamic Support Register (DSR) is an all-age intervention pathway for autistic people and those with learning disabilities.

The people on the DSR are at risk of going into specialist hospitals (children and adults) or 52-week residential placements (children) if they are unable to get the right care and treatment in the community.

Find out more about the DSR by watching this video: <https://www.youtube.com/watch?v=zbTdb8vUpLI>

Key Workers:

Key workers support people with autism and learning disabilities, especially when mental health challenges arise at home.

Key workers help bridge the gap between an individual's needs and support, ensuring that every voice is heard. Find out more about key workers by watching this video: <https://www.youtube.com/watch?v=2woCfdQZvfQ>

Care, Education and Treatment Reviews:

Care, Education and Treatment Reviews (CETR) support people with autism and learning disabilities, ensuring their needs are met at home and school.

Find out more about CETR by watching this video: <https://www.youtube.com/watch?v=zfUqPTgYtYc>

The videos can also be found alongside more information on the following websites:

[Support available while waiting for your appointment](#)

[The Dynamic Support Register \(DSR\) - NHS Shropshire, Telford and Wrekin](#)

[Keyworker Service - NHS Shropshire, Telford and Wrekin](#)



Improving the health of babies, children and young people throughout Shropshire, Telford and Wrekin

Date and Time	Activity	Location	Details
Monday			
Every Week—10-11.30am	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—3.45-4.45pm	PODS Sensory Session		
Every Week—4-5pm	PODS Stop Motion		
Every Week—4-5.30pm	Soft Play for Juniors	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—6-8pm	Soft Play for Seniors		
Every Week—4.30-6.30pm	iCan2 Youth Club	Hub on the Hill, Sutton Hill	To book, visit www.4all.foundation
Every Week—4.30-6.30pm	iCan2 Creative Arts	Admaston House Community	
Tuesday			
Every Week—3.45-4.45pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Minecraft		
Every Week—4-6pm	Pirates and Princesses Soft Play SEND Session	Unit 17, Cedar Court, Halesfield 17, Telford TF7 4PF	To book, call 01952582382
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	Challenging Perceptions Youth Wellbeing Group	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Every Week—3.30-4.30pm	4 All Boxing	104-106 Southgate, Telford TF7 4HG	No booking required.
Wednesday			
Every Week—3.45-4.45pm	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Lego		
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	4 All Dodgeball	104-106 Southgate, Telford TF7 4HG	No booking required.
Every Week—4.30-6.30pm	iCan2 Creative Arts	Admaston House Community Centre	To book, visit www.4all.foundation

Date and Time	Activity	Location	Details
Thursday			
Every Week—4-5pm	PODS Activity Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10.30-1.30pm	Special Needs Activity Centre	7 Downemead, Hollinswood, Telford, TF3 2EW	For more information, please visit SNAC on Facebook.
Friday			
Every Week—1-2pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10-12pm	Ice Rink SEND Session	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—5-6pm	Ice Rink SEND Session		
Third Friday of Month —7pm	Funky Friday Inclusive Disco 15+	The Navy Club, Bellman’s Yard. Newport, TF10 7AJ	Entry is by pre-booked ticket only. See Facebook page Funky Friday Inclusive Disco for booking details.
Every Week—10-11am	Challenging Perceptions Under 5’s Parents and Toddlers	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Every Week—4.30-6.30pm	iCan2 Youth Club	Arleston Community Centre	To book, visit www.4all.foundation
Every Week—4.30-6.30pm	iCan2 Creative Arts	Admaston House Community Centre	
Saturday			
Every Week—2.30-3pm	Chance to Dance SEND Session	Randlay Avenue, Telford, TF3 2LH	To book, call 07792300692.
Every Week—10-11am	PODS Activity Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10-1pm	iCan2 Sports & Leisure	Southall School, Telford	To book, visit www.geniustuition.co.uk
Sunday			
Every Week—12.15-1.30pm	SEND Swimming	Abraham Darby Leisure Centre, Ironbridge Rd, Telford, TF7 5HX	To view full timetable, visit https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Every Week—5-6pm	Wrekin SEND Swimming Club	Wellington Leisure Centre, Tan Bank, Wellington, Telford TF1 1LX	For more information, search Wrekin Special Swimming Club on Facebook or call 07530465472.