

Home-based learning

Parents are a child's first teacher, learning opportunities at home help to promote learning and create positive parent-child relationships.

Things to consider

- Ensure the activity relates to something your child is interested in.
- Follow the child's lead, try to not take over play.
- Provide a running commentary of play but try and avoid asking too many questions.
- Use simple language to offer choices between two objects.
- Try to keep distractions and background noise to a minimum.
- Intensive Interaction – copy your child's actions and vocalisations to try build joint attention (See Intensive Interaction Top tips for more information)

Fine and gross motor activities

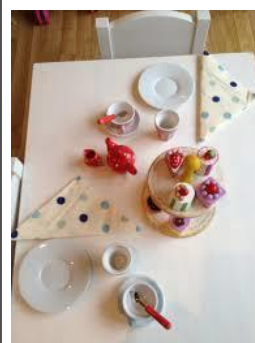
- Playdough
- Emptying and filling activities
- Tweezers or spoons to transfer objects into a separate container
- Throwing balls at a target or into a bucket
- Obstacle courses
- Bubble wrap popping
- Hole punching paper and scissors to cut different materials.
- Threading/posting activities – spaghetti into a colander, threading pasta onto string
- Sorting activities

Activities to support communication and interaction

- Songs and rhymes
- Stories/story sacks
- Listening lotto/guess the sound games
- Hide and find games
- Imaginative play
- Turn-taking games

Sensory seeking/regulation activities

- Blowing a windmill
- Blowing bubbles
- What can you smell game
- Balancing Walk along masking tape – try straight and zigzag lines
- Sensory circuits - wall pushes, burpees, push ups, hand squeezes, superhero poses, frog jumps, star jumps
- Messy play -gloop, foam, sand, water



Links to EYFS

CLL, PD, PSED, LIT, MATHS, KU, EAD

SEND Code of Practice.

C&L, C&I, SEMH, P&S.

Useful links

[Parent/Carer Support - SEND - Local offer](#)

[Together We Can Make a Difference](#)

www.ncb.org.uk/sites/default/files/uploads/files/HLE_doc.pdf