

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



January 2025

Short Breaks Forum—2025 Dates

The Short Breaks Forum provides an opportunity for local families to meet with Telford and Wrekin Council representatives to discuss and exchange views, information and options to meet the social care needs of children with disabilities.

The forums are held on varying days and times with the intention of parents being able to attend alongside other commitments. The following forums have been arranged at PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU. The venue is wheelchair accessible and free parking is available on site.

21st January 2025 1-3pm

16th April 2025 5-7pm

8th July 2025 1-3pm

10th September 2025 1-3pm

17th December 2025 5-7pm

Please feel free to attend, no booking is required. Refreshments will be provided.

SEND Local Offer

The Local Offer aims to bring together useful information across education, health and social care within one website. You can find information, advice and guidance and a range of local service providers who support children with SEND.

Our Short Breaks pages have recently been updated to include information on iCan2, community based activities, specialist support, and much more. You can visit the pages at: www.telfordsend.org.uk

Short Breaks Statement Review

Believe it or not, it has nearly been a year since we published our latest Short Breaks Statement. Therefore, it is almost time for us to review and improve where we can. We can't do that without your input! Keep an eye out for a survey where you will be able to provide your opinion on the content of the statement.

COMING SOON iCan2 Youth Club

Children's Services will commission a new youth club for ICAN2 members aged 11-17. This gives even more opportunities for young people to engage with their friends and in interesting activities for this age group. We will expect the provider to work with young people to design their new youth club offer.

We will keep you updated in future newsletters!

Chance to Dance

Our chance to dance classes are specially designed for people with SEND. Our classes have been running for over 8 years.

Learn fun routines and meet new friends!

For all ages - children & adults on Saturdays

silhouettedanceschool.com
07792300692

FIRST CLASS FREE! £4

Date and Time	Activity	Location	Details
Monday			
Every Week—10-11.30am	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—3.45-4.45pm	PODS Sensory Session		
Every Week—4-5pm	PODS Stop Motion		
Every Week—4-5.30pm	Soft Play for Juniors	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—6-8pm	Soft Play for Seniors		
Every Week—11.15-12.15pm	Children's Autism Hub Coffee and Chat	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Tuesday			
Every Week—3.45-4.45pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Minecraft		
Every Week—4-6pm	Pirates and Princesses Soft Play SEND Session	Unit 17, Cedar Court, Halesfield 17, Telford TF7 4PF	To book, call 01952582382
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	Challenging Perceptions Youth Wellbeing Group	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Every Week—3.30-4.30pm	4 All Boxing	104-106 Southgate, Telford TF7 4HG	No booking required.
Wednesday			
Every Week—3.45-4.45pm	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Lego		
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	4 All Dodgeball	104-106 Southgate, Telford TF7 4HG	No booking required.

If you would like to discuss your child's needs or accessibility requirements, please contact the activity provider on the details above ahead of the session to avoid disappointment.

Date and Time	Activity	Location	Details
Thursday			
Every Week—4-5pm	PODS Activity Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10.30-1.30pm	Special Needs Activity Centre	7 Downemead, Hollinswood, Telford, TF3 2EW	For more information, please visit SNAC on Facebook.
First Thursday of Month—4.30pm	Children's Autism Hub Dugout 11-18yrs	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Friday			
Every Week—1-2pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10-12pm	Ice Rink SEND Session	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—5-6pm	Ice Rink SEND Session		
Third Friday of Month —7pm	Funky Friday Inclusive Disco 15+	The Navy Club, Bellman's Yard. Newport, TF10 7AJ	Entry is by pre-booked ticket only. See Facebook page Funky Friday Inclusive Disco for booking details.
Every Week—10-11am	Challenging Perceptions Under 5's Parents and Toddlers	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Saturday			
Every Week—1.45-2.15pm	Silhouette Dance SEND Session	Randlay Avenue, Telford, TF3 2LH	To book, call 07792300692.
Every Week—10-11am	PODS Activity Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Sunday			
Every Week—12.15-1.30pm	SEND Swimming	Abraham Darby Leisure Centre, Ironbridge Rd, Telford, TF7 5HX	To view full timetable, visit https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Every Week—5-6pm	Wrekin SEND Swimming Club	Wellington Leisure Centre, Tan Bank, Wellington, Telford TF1 1LX	For more information, search Wrekin Special Swimming Club on Facebook or call 07530465472.