

Short Breaks Newsletter



January 2024

Children's Autism Hub and SENDIASS Groups

Short Breaks Forum Feedback

Telford's Children's Autism Hub and SENDIASS hold a number of activities and support groups for families to attend:

The Short Breaks Forum provides an opportunity for local families to meet with Telford and Wrekin Council representatives to discuss and exchange views, information and options to meet the social care needs of children with disabilities.

- SEND Support & Play for Early Years Families—The group is a joint provision by SENDIASS and Telford's Children's Autism Hub and supports parents and carers within Telford & Wrekin, whose children have SEND, including a diagnosis of autism. The sessions are held on the first Monday of every month at Hazeldine House, and the third Monday of every month at Dobbies Soft Play, Donnington, at 9.15-10.45am (term time only).
- Coffee and Chat—If you need someone to talk to who just gets it, and want to be part of a group where you can share ideas and benefit from each others lived experiences, come along to the coffee and chat peer sessions. They are held every Monday (term time only) 11.15-12.15pm at Hazeldine House.
- Dugout for 11-18 Year Olds—Empowering young people to be the best versions of themselves. Hot chocolate mountains, pool, snooker, table tennis, board games, creative arts and more. The sessions are held on the first Thursday of every month at 4.30-6pm at Hazeldine House.
- Family Fun Session—Come and join us for our family fun session for primary aged children. The sessions are held on the third Tuesday of every month (term time only) at 4-5pm at Hazeldine House.

At our last forum on 7th December 2023, the following points were discussed:

- We would like to ensure our forum meetings enable as many parents as possible, to attend. A poll will go out to ask for feedback on how parents prefer to meet with us – times, dates, place.
- A Short Breaks Statement survey is available (until 6th January) for parents and colleagues to contribute their thoughts to the new 2024 version. The new version is scheduled for April 2024.
- Discussion about the iCAN2 activities and membership scheme. A new Arts Club will be commissioned in the new year.
- Positive feedback and discussion regarding the Inclusive Leisure offer
- Commissioning regulated overnight respite continues to be a local (and national) challenge. This is a priority area of development.

If you would like to attend, our next forum is 6th February 2024, 10-12pm at PODS Hub, 1 Hawkworth Road, Central Park, Telford, TF2 9TU. You do not need to register—you are more than welcome to come along!

If you would like to register to join any of the sessions, please contact the Children's Autism Hub on 01952260062 or childrensautism@tandwcvcs.org.uk

Easy Access Walks in Shropshire

Do you and your family want to wrap up warm and get outside over the winter period?

If so, you may find this website useful:
www.shropshiresgreatoutdoors.co.uk/walking/easy-access-walks/

You can select yours or your child's access requirements and it will list several local walks that meet these requirements for you to check out.

Contact Us

If you have any queries about anything on the newsletter or any activities or events you would like to be added to the newsletter calendar to spread the word and increase attendance, please email shortbreaks@telford.gov.uk

You can view all parts of our SEND Local Offer, including a copy of our SEND Activities booklet on our website: www.telfordsend.org.uk. You can find us on Facebook - Telford and Wrekin's Short Breaks.

Healthier Together Website

Work has taken place over the summer of 2023 to develop a webpage which includes a range of local support available to neurodiverse children and young people and their families. It also includes information about national support available, such as Scope, which offers emotional support for parents and carers of children who are on a diagnostic pathway or have recently been diagnosed. We are pleased to see that the neurodiversity section on the Healthier Together website has been receiving an increasing number of visits.

You can view the website on www.stw-healthiertogether.nhs.uk/parentscarers/neurodiversity

If you would like to provide feedback on the website, you can do so on www.stw-healthiertogether.nhs.uk/feedback



Activities Locations and Booking Information

PODS Charity—For more PODS activities or to book, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS. For any queries, contact support@podstelford.org

Funky Friday Inclusive Disco—£4 each. The Navy Club, Bellman's Yard. Newport, TF10 7AJ.

Airea 51 SEN Session—Airea 51, Stafford Park 12, Telford, TF3 3BJ. To book, visit the Airea 51 website.

Youth Club 2021—104-106 Southgate, Telford, TF7 4HG. To book, call 01952898052.

Pirates and Princesses—Unit 17, Cedar Court, Halesfield 17, TF7 4PF. To book, call 01952582382.

Challenging Perceptions—Park Lane Centre, Woodside, TF7 5QZ. To book, call 01952683700.

For details on Telford and Wrekin Leisure Services sessions, visit the Council website or contact the venues directly.

Wrekin Swimming Club—Wellington Leisure Centre. Search Wrekin Special Swimming Club on Facebook or call 07530465472.

Sailability—Telford Sailing Club, off Teece Drive, Telford, TF2 9SQ. To book, email telford.sailability@gmail.com

Bright Star Boxing—Unit 1 Old Smithfield Industrial Estate, Aston Street, Shifnal, TF11 8DT. To book, call 07966416267.

Shining Stars—The Linden Centre, Oak Road, Overdale, TF3 5BT. To book, email shiningstars2017@hotmail.com

4All Activities—Hub on the Hill. Free of charge. No booking required.

What's on January 2024

Monday 1st	Tuesday 2nd	Wednesday 3rd	Thursday 4th	Friday 5th	Saturday 6th	Sunday 7th
	Pirates and Princesses SEN 4-6pm 4All Boxing 3.30-4.30pm CP Youth Wellbeing Group 4-5pm	Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.35-2.05pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 8th	Tuesday 9th	Wednesday 10th	Thursday 11th	Friday 12th	Saturday 13th	Sunday 14th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm PODS Stop Motion Video Club 4-5pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.35-2.05pm PODS Crafts 11-12pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 15th	Tuesday 16th	Wednesday 17th	Thursday 18th	Friday 19th	Saturday 20th	Sunday 21st
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm 4All Boxing 3.30-4.30pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm PODS Mental Health Drop In 1-2.15pm	Ice Rink Session 10-12pm 5-6pm Funky Friday Inclusive Disco 15+ 7pm	Silhouette Dance SEND Session 1.35-2.05pm PODS Cooking 10-11.30am	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th	Saturday 27th	Sunday 28th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm	PODS Trains Session 4-5pm SNAC Activities 10.30-1.30pm	Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.35-2.05pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 29th	Tuesday 30th	Wednesday 31st				
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm				

What's on February 2024

			Thursday 1st	Friday 2nd	Saturday 3rd	Sunday 4th
			PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.35-2.05pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 5th	Tuesday 6th	Wednesday 7th	Thursday 8th	Friday 9th	Saturday 10th	Sunday 11th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm 4All Boxing 3.30-4.30pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.35-2.05pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
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Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th			
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm 4All Dodgeball 4-5pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm			