

Short Breaks Newsletter



December 2023

Short Breaks Statement Review

Telford and Wrekin Council's Short Breaks Statement is designed to show how we meet the social care needs of Children and Young People with disabilities in Telford and Wrekin. It shows the levels of support available, who it is available to and how to access it. The statement was published in Spring 2023, and we agreed to review it on an annual basis.

We would like your help with this! We have developed a survey to gather your opinions to help us to improve the statement. The survey is now live and will close on 6th January 2024: <https://online1.snapsurveys.com/glwpil>



Together with the Young People's Forum, Telford and Wrekin Council have launched the young person's year of wellbeing, a year long campaign aimed at inspiring borough youngsters to make small changes for big improvements to their wellbeing. of the week. You can get involved by signing up or completing the online emotional wellbeing survey on www.telford.gov.uk/info/21901/young_persons_year_of_wellbeing

Activities over the Festive Period

If you're looking for some activities for your child to get involved in over the festive period, we have a few ideas for you:

- My Options Christmas themed Sports and Leisure sessions—Saturday 16th December 9-11am, 11.30-1.30pm, 2.30-4.30 and 5-7pm. The sessions are held at the Arthog Outreach site in Wellington. Sessions are open to book onto for any young person who is registered with My Options. £4 per child. To book, please call 01952 381317.
- Club 17 Christmas Party—Tuesday 19th December 6-8pm at Southwood Activity and Wellbeing Hub in Hollinswood. Open to those aged 11-25 with a disability. It is free to attend. If you require further information, please call 01952 381317.
- Experience Hoo Zoo all lit up for Christmas—24th Nov-23rd Dec 12-6pm. Help Mrs Claus and Father Christmas' elves make some sand art, travel through the Winter Wonderland and meet the main man himself. Head into the Christmas village and meet the Princesses and enjoy a story time or singalong. These sessions are not SEND specific but are inclusive, so please contact Hoo Zoo if you have any questions. To book, visit www.hoo-zoo.com/event/a-snow-princess-christmas
- Parents Opening Doors (PODS) Parent Carer Forum are holding a range of activities in December, including Quiet Santa Experiences. To find out more, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS

4 All Foundation—New Activities

In partnership with Madeley Town Council and Hub on the Hill, the 4 All Foundation are running weekly sporting activities based in Sutton Hill. These activities are boxing and fitness and a dodgeball session for primary aged children.

We aim to provide an inclusive experience that children can enjoy. Please get in touch to discuss how we can meet the needs of your child. These sessions are free of charge and parents/carers aren't required to book onto the activities.

For further information, email info@4allfoundation.co.uk or visit www.4all.foundation

The 4 All Foundation is a current Actio provider within Shropshire.

Disability History Month Event

16th November—16th December is Disability History Month. This Autumn 2023 focusses on the Experience of Disablement amongst children and young people in the past, now and what is needed for the future. DHM comes from a Social Model/Human Rights approach, so that all children and young people with long term impairment will not experience the social exclusion of stigma, stereotypes, negative attitudes and socially created barriers in the environment and the way things are organised.

On 14th December at 11am, Telford and Wrekin Council are holding a celebration event in Southwater Library. There will be talks from those with lived experiences and professionals, a poet and information stands. Feel free to come along and celebrate the month with us.

Contact Us

If you have any queries about anything on the newsletter or any activities or events you would like to be added to the newsletter calendar to spread the word and increase attendance, please email shortbreaks@telford.gov.uk

You can view all parts of our SEND Local Offer, including a copy of our SEND Activities booklet on our website: www.telfordsend.org.uk. You can find us on Facebook - Telford and Wrekin's Short Breaks.



Activities Locations and Booking Information

PODS Charity—For more PODS activities or to book, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS. For any queries, contact support@podstelford.org

Funky Friday Inclusive Disco—£4 each. The Navy Club, Bellman's Yard. Newport, TF10 7AJ.

Airea 51 SEN Session—Airea 51, Stafford Park 12, Telford, TF3 3BJ. To book, visit the Airea 51 website.

Youth Club 2021—104-106 Southgate, Telford, TF7 4HG. To book, call 01952898052.

Pirates and Princesses—Unit 17, Cedar Court, Halesfield 17, TF7 4PF. To book, call 01952582382.

Challenging Perceptions—Park Lane Centre, Woodside, TF7 5QZ. To book, call 01952683700.

For details on Telford and Wrekin Leisure Services sessions, visit the Council website or contact the venues directly.

Wrekin Swimming Club—Wellington Leisure Centre. Search Wrekin Special Swimming Club on Facebook or call 07530465472.

Sailability—Telford Sailing Club, off Teece Drive, Telford, TF2 9SQ. To book, email telford.sailability@gmail.com

Bright Star Boxing—Unit 1 Old Smithfield Industrial Estate, Aston Street, Shifnal, TF11 8DT. To book, call 07966416267.

Shining Stars—The Linden Centre, Oak Road, Overdale, TF3 5BT. To book, email shiningstars2017@hotmail.com

Local Offer
for Special Educational Needs and Disability

Discover everything you need to know about education, health and care services in your local area for children and young people with SEND 0-25yrs at www.telfordsend.org.uk



Protect, care and invest
to create a better borough



What's on December 2023



				Friday 1st	Saturday 2nd	Sunday 3rd
				CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th	Saturday 9th	Sunday 10th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th	Saturday 16th	Sunday 17th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm PODS Pamper Day Various Times	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	Ice Rink Session 10-12pm 5-6pm Funky Friday Inclusive Disco 15+ 7pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd	Saturday 23rd	Sunday 24th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm PODS Autism Masking 9.30-11.30am	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm		Pirates and Princesses SEN 9-10.30am
Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th	Saturday 30th	Sunday 31st
		Airea 51 SEND Session 6-7pm		Ice Rink Session 10-12pm 5-6pm		Pirates and Princesses SEN 9-10.30am

What's on January 2024

Monday 1st	Tuesday 2nd	Wednesday 3rd	Thursday 4th	Friday 5th	Saturday 6th	Sunday 7th
	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
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