Short Breaks Newsletter



September 2023

Telford & Wrekin SEND Information, Advice and Support Services

Telford and Wrekin SENDIASS Service provides access to impartial and independent information in relation to Special Educational Needs and Disability (SEND), health and social care for children young people 0-25 years and their parents/carers. They provide information, advice, and support on a wide range of SEND topics, including:

- Special Educational Needs processes in school
- Health and Social Care pathways
- Assessment process for Education, Health & Care Plans
- School Transitions and Annual Reviews
- Negotiation, mediation, tribunals, and dispute resolution
- Early Years and Post 16 information

They offer Talking SEND Sessions, Community Drop-in sessions and School Coffee Morning Sessions.

The service is free, confidential, impartial, and accessible! If you would like to get in touch, please call on 01952 457176, email info@iass.org.uk or visit www.telfordsendiass.org.uk

Back to School Top Tips for Parent Carers

Telford and Wrekin SENDIASS Service have put together these top tips to help your child or young person settle back into school this September:

- If you have any concerns when your child starts school/college, speak to the class teacher, head of year or tutor
- You may want to arrange a meeting to discuss your child and invite the SENCO to join the meeting
- Think about what has worked well in the past when you've helped your child prepare for a new experience
- Your child will be reassured by your calming responses and a reminder that you and school or college can support them in managing the changes
- Let the nursery, new school or college know about any signs to look out for that your child is anxious, and the best way to communicate with them
- It may be helpful to ask if you can take your child for a visit to the setting, maybe at a quieter time to help familiarise themselves with their new surroundings
- An opportunity to meet with their tutor and have a copy of their timetable ahead of starting can be particularly helpful for anxious children
- We have talked to young people about what is important to them when they transition to a new school

A Statement from PODS (Parents Opening Doors Parent Carer Forum)

Our PODS Picnic in the Park is an Annual Event held on the first Monday in August. Due to increased success over the years, we had a change of venue this year and were very kindly supported by Charlton Academy in Wellington who hosted us. We welcomed over 850 attendees. This also enabled us to make use of the sports area, where we were joined by Telford & Wrekin Council My Options team who donated time and facilities, including their accessible bikes.

Through our strategic work the event was embedded as part of the My Options Summer Programme, ensuring more families than ever are aware of our offer. We continue to use the principles of the Working Together (co-production) Charter to enhance our working relationship as PODS Charity. The event was accessible to all families in Telford & Wrekin and to further support this a Revolotion (A Mobile Accessible Toilet) has been made available through funding from the Children with Disability Team.



As part of our Short Breaks webpage, we now have a Personal Assistant vacancy page. When children receiving support from the Children with Disabilities Team are interested in hiring a PA, we will complete a character profile outlining the support they are looking for and any skills and experience that potential PAs will need, and upload it to the page.

If you are interested in becoming a PA, or know of someone that is, you can view the page by clicking on the link below. If you are interested in hiring a PA, please speak to your Social Worker about adding your child's details to the page.

www.telfordsend.org.uk/info/1/home/133/ personal assistants



Contact Us

If you have any queries about anything on the newsletter or any activities or events you would like to be added to the newsletter calendar to spread the word and increase attendance, please email shortbreaks@telford.gov.uk

You can view all parts of our SEND Local Offer, including a copy of our SEND Activities booklet on our website: www.telfordsend.org.uk. You can find us on Facebook - Telford and Wrekin's Short Breaks.

Activities Locations and Booking Information

PODS Charity—For more PODS activities or to book, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS. For any queries, contact support@podstelford.org

Funky Friday Inclusive Disco—£4 each. The Navy Club, Bellman's Yard. Newport, TF10 7AJ.

Airea 51 SEN Session—Airea 51, Stafford Park 12, Telford, TF3 3BJ. To book, visit the Airea 51 website.

Youth Club 2021—104-106 Southgate, Telford, TF7 4HG. To book, call 01952898052.

Pirates and Princesses—Unit 17, Cedar Court, Halesfield 17, TF7 4PF. To book, call 01952582382.

Challenging Perceptions—Park Lane Centre, Woodside, TF7 5QZ. To book, call 01952683700.

For details on Telford and Wrekin Leisure Services sessions, visit the Council website or contact the venues directly. **Wrekin Swimming Club**—Wellington Leisure Centre. Search Wrekin Special Swimming Club on Facebook or call 07530465472.

Sailability—Telford Sailing Club, off Teece Drive, Telford, TF2 9SQ. To book, email telford.sailability@gmail.com

Bright Star Boxing—Unit 1 Old Smithfield Industrial Estate, Aston Street, Shifnal, TF11 8DT. To book, call 07966416267.

Shining Stars—The Linden Centre, Oak Road, Overdale, TF3 5BT. To book, email shiningstars2017@hotmail.com



What's on September 2023

				Friday 1st	Saturday 2nd	Sunday 3rd
				CP Under 5's Parent & Toddlers 10-11am	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm
				Ice Rink Session 10-12pm 5-6pm		Pirates and Princesses SEN 9-10.30am
						Wrekin Swimming 5-6pm
Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th	Saturday 9th	Sunday 10th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm	CP Under 5's Parent & Toddlers 10-11am	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm
	Airea 51 SEND Session 6-7pm		SNAC Activities 10.30-1.30pm	Ice Rink Session 10-12pm 5-6pm		Pirates and Princesses SEN 9-10.30am
	CP Youth Wellbeing Group 4-5pm		Youth Club 2021 15-18 years 5-7pm			Wrekin Swimming 5-6pm
Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th	Saturday 16th	Sunday 17th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm	rincesses SEN 4-5pm	PODS Games Session 4-5pm	Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm
PODS Pamper Day Various Times	Airea 51 SEND Session 6-7pm	Session 6-7pm	SNAC Activities 10.30-1.30pm	Funky Friday Inclusive Disco 15+ 7pm		Pirates and Princesses SEN 9-10.30am
	CP Youth Wellbeing Group 4-5pm		Youth Club 2021 15-18 years 5-7pm			Wrekin Swimming 5-6pm
Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd	Saturday 23rd	Sunday 24th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am
	CP Youth Wellbeing Group 4-5pm		Youth Club 2021 15-18 years 5-7pm	З орт		Wrekin Swimming 5-6pm
	4 3pm		PODS Autism Masking 9.30-11.30am			
Monday 25th	Tuesday 25th	Wednesday 26th	Thursday 27th	Friday 28th	Saturday 29th	Sunday 30th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities	Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and
	Session 6-7pm CP Youth Wellbeing Group 4-5pm		10.30-1.30pm Youth Club 2021 15-18 years 5-7pm			Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
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What's on October 2023

						Sunday 1st
						SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am
Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th	Saturday 7th	Sunday 8th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm Youth Club 2021 15-18 years 5-7pm	CP Under 5's Parent & Toddlers 10-11am Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th	Saturday 14th	Sunday 15th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm Youth Club 2021 15-18 years 5-7pm	Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th	Friday 20th	Saturday 21st	Sunday 22nd
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm Youth Club 2021 15-18 years 5-7pm	Ice Rink Session 10-12pm 5-6pm Funky Friday Inclusive Disco 15+ 7pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 23rd	Tuesday 24th	Wednesday 25th	Thursday 26th	Friday 27th	Saturday 28th	Sunday 29th
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm	PODS Lego Club 4-5pm Airea 51 SEND Session 6-7pm	PODS Games Session 4-5pm SNAC Activities 10.30-1.30pm Youth Club 2021 15-18 years 5-7pm	Ice Rink Session 10-12pm 5-6pm	Silhouette Dance SEND Session 1.15-1.45pm	SEND Swimming Abraham Darby 12:15-1:30pm Pirates and Princesses SEN 9-10.30am Wrekin Swimming 5-6pm
Monday 30th	Tuesday 31st					
Soft Play at the Ice Rink Junior 4-5.30pm Senior 6-8pm	Pirates and Princesses SEN 4-6pm Airea 51 SEND Session 6-7pm CP Youth Wellbeing Group 4-5pm					