

## Help to fill in the census

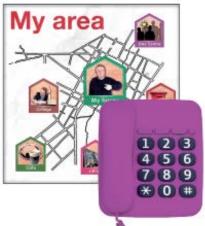
If you need help to fill in the census you can:

ask someone you trust to help you fill it in



go to one of our local Census Support Centres

Phone us to find out where your nearest support centre is.



Telephone 0800 141 2021

It is free to phone us.