

# WHAT'S BUGGING YOU?



**Do you often get angry  
and aren't sure how to  
manage it?**

**At Beam we can help**

**Address –**

**Palmer's Café, Claremont Street,  
Shrewsbury SY1 1QG**

**Rebecca.Hutton @childrenssociety.org.uk**

**Gemma.Holland@childrenssociety.org.uk**

**Ideal for Ages 13-18  
On Thursday at 4pm**

**Dates**

- **23<sup>rd</sup> Aug**
- **30<sup>th</sup> Aug**
- **6<sup>th</sup> Sept**
- **13<sup>th</sup> Sept**
- **20<sup>th</sup> Sept**
- **27<sup>th</sup> Sept**

**Beam**

Shropshire  
Telford and Wrekin

**The  
Children's  
Society**