

Spring
NEWSLETTER

MARCH 2018

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A MESSAGE FROM THE TRUSTEES

Welcome from the PODS Trustees. Thank goodness the Winter is almost over and brighter days are coming.

I have been reflecting on how important the PODS community is for parents of children with disabilities locally. Whether its work of Face to Face, the promotion of PODS and the needs of PODS families, attendance at groups or being part of the on-line forum PODS really does make a difference. PODS provides us with opportunities to work with local services, support when we struggle at home or need help with navigating complex and medical or educational services. That is why I am proud to be a new Trustee of PODS. As well as myself we also have Lin Morris and Jon Mills who have come on board as Trustees in the last six months.

On behalf of the Trustees and staff of PODS, I also want to say a big thank you to two great people who have provided PODS with incredible support. First Deb Hart who has been a long time member and latterly Chair of the Trustees. Deb has been a great supporter of PODS and friend to many families over her years of involvement and has been instrumental in building up PODS to the strong position it is in today. Also, I want to thank Liz Bickford-Smith who is moving on after a successful year as the Project Officer. Liz has been a tremendous help to both staff and Trustees in moving PODS forward in the last year.

Finally, I am pleased to welcome PODS member Elaine Pearce as the newest staff member. Elaine begins work as the Project Officer shortly.

Best wishes,

Dylan Harrison

Trustee

Make a difference...

**PARENTS
OPENING
DOORS** 
PARENT CARER FORUM

BECOME A TRUSTEE

Our committed and enthusiastic team are keen to recruit to our Committee Board of Trustees:

We welcome interest from potential trustees who are willing to engage with our Charity and who can offer any of these:

- **Share your personal experience**
(NB: you do not have to have a child/young person with a disability/additional need)
- **Demonstrate your commitment to our work**
- **Donate your professional expertise**
- **Get to know and understand our community of families**
- **Help us to make a difference.**

Trustee meetings take place once a month and additional information is available on our website (eligibility and Role Description). You do not need previous Trustee experience. We welcome applications from our Parent Rep network, and also wider membership and community.

Interested? Please get in touch:

**01952 271532 or email: info@podstelford.org
www.podstelford.org**



Company/Charity number: 1150871

UPDATE FROM JAYNE STEVENS, PARTICIPATION CO-ORDINATOR

The world of Participation continues to be extremely busy and we are involved in a whole range of meetings that encompass health, education and social care. We continue to make stronger links with the local voluntary and community sector where the benefits will support our key work and our families.

Through my work role, what has always been apparent is how all the meetings interlink with each other especially where health is concerned and more predominantly the CAMHS - now called the Bee U Emotional Health and Wellbeing Service and how this service links into the wider education and social care sectors and the impact it has for us as a forum but also the wider voluntary services out there.

Meanwhile other meetings we continue to attend focus on the Local Offer, SEND Communication, Autism Strategy, Personalisation, Short Breaks, Joint Commissioning and Transition to Adulthood, Education Sufficiency which all link into the wider Aiming High for SEND strategic meetings. Alongside this key strategic meeting are the Children & Families Board with a focus on preventative work and where we are continually highlighting the need for more trained and knowledgeable staff out in the community hubs which is been addressed through regular meetings with the teams.

The latest meeting, we are now attending is the Carers Partnership Board which is now incorporating the wider voice of parent carers alongside family carers and young carers - so bridging a gap. We attended our very first meeting earlier this year and have already made links with wider services that can support our cohort of families including DWP, housing officers and wider support services. A meeting with Jonathan Eatough, Assistant Director: Governance, Procurement & Commissioning has been arranged to further discussions and provide more information about our forum.

Following our attendance at BASE Conference last year, we have begun meeting with DWP team about their programmes to support young people with disabilities into work placements and how they are working with the EAST team in Telford to input into a proof of concept (pre-pilot) programme. Early indications are this is a positive move and we are keen to see more employers working with our young people in terms of inclusivity and wider acceptance.



I'm sharing this photograph of my son Matthew at his first day in college in January this year - we are all extremely proud of him - for all he's achieved in the short time he's been there; It's not without its challenges to get him placed here (hence the start date). My personal message to you all is that I have and always will work alongside you and your families and would like to think we can share success stories along the way too.

The importance of Participation has never been more important and the voices of you as parent carers in development of services is as important now as it has ever been - our links with strategic partners are strengthening all the time and we're in a fortunate position that we are respected here in Telford & Wrekin and that we are encouraged to share our stories and have a say. Remember that "Together We Can Make A Difference"

Jayne Stevens

Parent Reps

Due to a great demand from parent carers we have run two workshops for parent reps who are now trained to be able to attend meetings on behalf of PODS Parent Carer Forum. These courses have given the reps the appropriate skills to be able to represent PODS Forum at a strategic and operational level and also at regional meetings and conferences - using that knowledge gathered to feed out information to families. Following on



from the training we decided that monthly meetings would continue with all trained reps and these have now become our key 'Strategic Participation Meetings' where reps discuss the key focus areas of the forum and how we can move forward together. Further training is being offered and a support network encouraged to develop the forum and look towards sustainability for the future. Each rep brings different experiences and knowledge to the table and between them have attended 40 meetings or events so far.



My current Parent Rep team (in pic above) are Simon Buckley Robins, Mandy Buckley Robins, Kerrie Seagrave, Uma Bhatia, Tina Lowe, Elaine Pearce, Sara Lyon, Keiron Warr and in pic on left are Charity King, Annette Oliver,

Alice Taylor, Karen Evans, Julia Butler, Sarah Richards. We also have Val Taylor, Shana Weare and Debbie Hart who are also trained reps. I'd like to take the opportunity to thank Deb Sheppard (Garvey) and Marie Welch for their time with us and for their valuable input.

THANK *you*



We would like to say a very big thank you to the Rotary Club of Wellington for a donation of £500 from their Charity Film Evening held at Wrekin College Theatre in October. This money will be put to very good use to support our Picnic in the Park Event on 6th August. We have been invited to talk to the Rotarians about our work in the community and to help raise awareness of our work.

SEND Local Offer



The Local Offer (www.telfordsend.org.uk) search for clear and accessible information, advice and sources of support, on health, education and health services for your child or young person.

Carer's Credits.

Through our new workstream with the Carers Partnership Board we have been told that many families aren't registering to receive Carers Credits - which is a National Insurance credit that helps with gaps in your National Insurance record. Your State Pension is based on your National Insurance record. For more information please visit the link here:

www.gov.uk/carers-credit



Through our Transition Work we attended a BASE (British Associated of Supported Employment) conference where we heard more about the Proof of Concept work for supported employment for people with learning disabilities, autism and secondary mental health conditions. We have made links with the local DWP and Job Centre Plus teams around this area of work. EAST Team are running the Proof of Concept work and if you would like more information on this please see the information here:



Employment
Advisory
Support
Team



Employment
Advisory
Support
Team

In 2 Work

Would you like support to move into or return to work?



We can help if you receive Employment Support Allowance (ESA) and Universal Credit (UC) equivalents and have either:

- A learning disability
- Autism
- Asperger's
- A mental health condition

In 2 Work

Job Box has won new funding to offer support!

We can offer:

- 1 to 1 support to help you to find a job that meets your health needs
- Professionals who can help you produce a winning CV
- Interview training and preparation
- Help planning travel to work
- Supporting negotiations with employers around reasonable adjustments
- Work trials and placements leading to paid employment
- Free confidence boosting courses
- Support to help you settle into work

In partnership with Department for Work and Pensions



CALL OUR FRIENDLY TEAM ON
01952 382888



Annual Health Checks

“The Annual Health Check scheme is for adults and young people aged 14 or above with learning disabilities who need more health support and who may otherwise have health conditions that go undetected” and we have shared a summary of information here from the NHS Choices website (more information available via <https://www.nhs.uk/Livewell/Childrenwithalearningdisability/Pages/AnnualHealthChecks.aspx>).

THE BENEFITS OF AN ANNUAL HEALTH CHECK?

Research shows that regular health checks for people with learning disabilities often uncover treatable health conditions. The Annual Health Check is also a chance for the person to get used to going to their GP practice, which reduces their fear of going at other times.

HOW DO YOU GET AN ANNUAL HEALTH CHECK?

Adults and young people aged 14 or above with learning disabilities who are known to their local authority social services, and who are registered with a GP who knows their medical history, should be invited by their GP practice to come for an Annual Health Check. **If you have not received an invite – get in touch with your GP or Practice Nurse directly.**

WHAT HAPPENS AT AN ANNUAL HEALTH CHECK?

During the health check, the GP or practice nurse will carry out a general physical examination, prescribed medication checks, management of health conditions and to review transitional arrangements when patient turns 18.

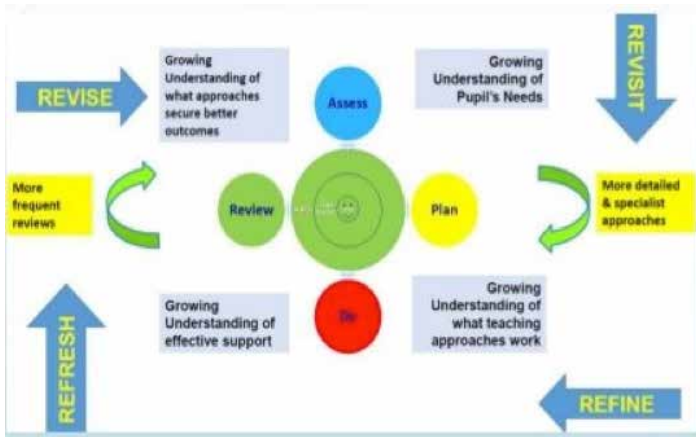
The GP or practice nurse will also provide the patient with any relevant health information, such as advice on healthy eating, exercise, contraception or stop smoking support.

The Annual Health Check will be tailored to the patient's needs and 'reasonable adjustments' will be put in place such as using pictures, large print, straightforward language, scheduling of appointments at times to avoid waiting or longer appointment slots.

WE ARE KEEN TO HEAR FROM ANYONE WHO HAS ATTENDED A HEALTH CHECK TO HELP US TO PROVIDE INFORMATION AS TO HOW EFFECTIVE IT'S WORKING AND WHAT YOUR EXPERIENCE WAS - PLEASE GET IN TOUCH WITH US.

SEN SUPPORT

PODS Forum team members were invited to a Graduated Response workshop for school support Staff and SENCO's and we asked for this to be repeated for our Parent Carers. The workshop took place at the end of January at the Ramada Hotel and covered the process of the Graduated Approach. A full range of information has been shared on the Local Offer website www.telfordsend.org.uk - look for link for SEN Support in left hand column.



The graduated approach is further explained in the NASEN guidance and covers the Assess Plan Do Review cycle (brief summary below) please refer to information online for more guidance.

ASSESS: In the assess stage of the graduated approach, teachers gain a growing understanding of a pupil's needs. A clear understanding of needs is a critical precondition to Planning effective teaching, determining appropriate provision, informing adjustments to teaching that will lead to good progress and improved outcomes for pupils.

PLAN: This stage teachers gain an understanding of what teaching approaches work and this part of the process is deemed to be the most effective when teachers and SENCOs have completed a thorough assessment of pupil needs during previous stage of cycle. Consideration needs to be given to two key points: High quality first class and/or subject teaching and Targeted provision.

DO: At this stage teachers gain a growing understanding of effective support and they work closely with other specialist staff to plan and assess the impact of targeted interventions.

REVIEW: In this stage the graduated teachers gain a growing understanding of what approaches support better outcomes and continually review pupil progress in a formal and informal manner.

ANNUAL SURVEY FEEDBACK

Thank you to our families that took part and completed our last Annual Survey – this helps us to ensure that what we are focussing on are also your priorities too and these are demonstrated with the work we are doing with the Emotional Health and Wellbeing Service, work with Social Care teams where we are reviewing processes and policies for access to services. We note that reporting on therapy services is positive especially for younger children. We are working on what needs to be improved and are keeping an eye on the services that are working well for you at the moment. We had 60 families take part and we would urge you to continue sharing your experiences and telling us what's working well for you so that good practice can be shared, and of course we will work with services that need to be improved.

RESPONSES FROM FAMILIES WHO RESPONDED:

60% of respondents have attended our PODS /Face2Face Family Groups

15% of respondents had received one to one support from F2F Scheme

80% of respondents felt we had given them enough opportunity to participate in joint decision making and development of services?

78% of respondents said that information provided by us helped to improve your knowledge of services and legislation e.g. EHCP, Assessments & Transition?

We continually review our workstreams and feedback from the majority of our events is gathered from evaluation forms where we ask you what is working/where improvements need to be made.

The Annual Survey will be repeated again next term and we would encourage everyone to take part please.

PODS PARENT CARER FORUM AT A GLANCE

TOGETHER WE CAN MAKE A DIFFERENCE



MEMBERSHIP

700 across the whole county



FACEBOOK

September to February:
Followers in T&W: 784
Page Likes: 1280
New 'Chat Space': 155 Members



TWITTER

Followers: 593
Page Likes: 2977



SOCIAL EVENTS

Fanto: 156 attended
Conkers Trip: 60



FAMILY GROUP

How many attended
September-February: 240

BEE U EMOTIONAL HEALTH AND WELLBEING SERVICE UPDATE

“CAMHS” remains a key piece of work for us and I think the majority would agree with me that the main challenges have been around Lack of Capacity of the service that are having an effect on families accessing assessments or support or interventions. We’ve held two workshops with over 100 attendees since the beginning of the year to discuss how we want the service and pathways to be developed – across the ASD and NeuroDevelopment pathway and also the Learning Disability led pathways.

SO, WHAT IS ON OFFER ALREADY?

THE CHILDREN'S SOCIETY: Health promotion, prevention and early help and support as well as working with young people to aid transition/sign posting to other services or resources. For more information email: AskBeam@childrenssociety.org.uk

KOOTH: Provides free, anonymous online counselling through your phone, tablet, laptop or PC. The website also offers peer support, self-help material and gives children and young people access to live forums. Anyone aged 11-25, living in Shropshire and Telford & Wrekin, can register to access this service. No referral is needed. Website is available 24 hours; there will be professional counsellors available for live online chats at the following times: 12:00 to 22:00 (Monday to Friday) / 18:00 to 22:00 (Saturday, Sunday and Bank Holidays); For more information visit Kooth: www.kooth.com

HEALIOS: Healios provide psychological therapies online which are delivered by qualified practitioners (the same kind as those based in NHS services). The service is available between 8am and 9pm, 7 days a week. Healios' approach has been established on evidence based best practice (evidence-based is the integration of best research evidence with clinical expertise and patient values) and is endorsed by the National Institute of Clinical Excellence. For more information visit Healios: www.healios.org.uk

SOUTH STAFFORDSHIRE AND SHROPSHIRE NHS FOUNDATION TRUST:

Deliver the CAMHS / NHS element of the partnership which includes a broad spectrum of community-based mental health services, ranging from early intervention through to specialist treatment and crisis resolution for young people with mental health problems. To achieve this, there is a multi-disciplinary team of professionals trained to deliver a range of therapeutic support and work together as a team to understand and support the needs of individual children and families.

We know from listening to you at Family Groups, at Workshops, through conversations and discussions that these services are not working as they should for many of you. We have however, heard some progress been made: We know that Kooth are working with Southall School on developing the service to make it more user-friendly for students with disabilities and alongside their parent carers – these discussions are only in the early stages at present, but we hope for more development. Some families tell us that Healios reports are thorough and it has helped them gain more of an insight into their child and to understand their needs better.

Whilst there has been some progress, we are aware of the predominantly poor experiences that families are telling us about and these have formed majority of the conversations at the workshops we held in January and February which are summarised:

“Your experiences tell us that we are confused, lengthy processes, negative, stressful, inconsistent and we want them to be supportive, reassuring, clear, we want to be listened to and taken seriously “experts by experience”.

Outcomes we expect are clarity around processes, family centred and child centred, jargon-free, explanation and support through the whole journey - at referral-assessment-diagnosis and post diagnosis, we'd like a key worker approach and to feel valued, communication and information to be available.

We have identified next steps that will be around seeing professionals working together and including family in more discussions, we need more professionals and therapists alongside Drs and Nurses and more information and communication out there as to what is going on and about other services inc Healios, Kooth and Children's Society. Clarity over process for working with LD children and Multi-diagnosis and clear policies and procedures that are accountable, and also how the National messages are acted upon regarding meds reviews and support, alongside the wider Transforming Care Agenda that is supposed to support the most vulnerable families from childhood (currently adult focussed!). And of course the 'discharge and re-engagement' messages we have discussed”

I fed these comments into the Stakeholder Board Meeting on 16th February and the delivery partners report was shared with their key actions highlighted as follows: Review of implementation for post diagnosis support and signposting pathways to ensure a consistent message (SSSFT & Healios); Partners to meet and develop a communication plan, development of workshops via Children's Society, internal management process and recruitment of staff.

We will be continuing to work with the whole service, the commissioners of the service, wider partners where this piece of work touches - including health, social care and education/schools and also the wider voluntary sector organisations that are picking up families and providing services to them.

We asked Sharon Conlon (Clinical Implementation Lead, 0-25 Emotional Health and Wellbeing Service) to provide us with an update which she has shared below: "Lots of work has been going on to enable the 0-25 service to deliver the type of emotional health and wellbeing support that the young people and their families from across Shropshire require. We acknowledge progress may appear slow, however this is because essential work needed to take place within the service to ensure that the required improvements are sustainable.

WHAT HAS BEEN DONE;

- We have launched our single point of access, this went live on 4th December
- We have created over 4000 electronic patient records, this enables us to ensure that no one "gets lost in the system"
- We have reviewed our clinical pathways and identified clinical leads for each of these pathways
- We have reviewed our ASD assessment pathway, this will significantly improve the timeliness of young people accessing this service
- We are working with partner agencies to address issues in relation to looked after children and children with special educational needs

WHAT WE STILL NEED TO DO;

- We have a current staffing shortage however we are out to advert and looking to recruit 17 new staff members
- We need to work through the backlog of referrals, plans are underway, and we have already started this work

We also recognise that we need to communicate with our partners and community more effectively and appreciate this opportunity to contribute to your newsletter. We value the input of the young people who use our services, their families and carers and will continue to engage with them as we further develop the service."



**Challenging Perceptions Presents Active Minds
Our Youth Mental Health Peer Support Group**

Different Activities each week:

Sports

Crafts

Social...

Every Wednesday 6pm - 7pm

14-18 Year olds

Under 16 will require Parental consent

Free Of Charge!

Park Lane Centre, Woodside, Telford
01952 897 333
www.cptelford.co.uk
Info@cptelford.co.uk

TESCO

Bags of Help



GENERAL FACE 2 FACE UPDATE

Face 2 Face

Parents supporting Parents
of disabled children

BEFRIENDER TRAINING

We are excited to share that our latest Befriender training started on 13th March - this is an accredited training program where trainees will cover modules in active listening, the differences between being a Befriender and a friend, qualities of a Befriender, child protection, boundaries and tasks of adjustment just to mention a few. The trainees are all very keen to complete the course and become trained Befrienders, offering emotional and practical support to parent carers in our community.



FAMILY GROUPS

We are now co-hosting 5 Family Groups each month, two of these being evening groups, details of our Family Groups can be found in the Dates for you Diary section on the back page. One of the focus activities in recent Family Groups has been making a 'Dream Catcher - of parent carers hopes and dreams for 2018' We will be hanging this proudly in the Information Hub at Stepping Stones Centre in Malinslee - so Professionals using the room as well as other parent carers can read our hopes and dreams.



SOCIAL MEDIA

Make sure you are following us on social media for reminders of upcoming Family Groups, Training, interesting articles and much more, as well as being able to access support via private message on our Facebook page.



 [Face2FaceTelfordandWrekin](#)

 [@Face2Face T&W](#)

 [face2facetelfordwrekin](#)

*If you would like more information on our Befriending support
don't hesitate to get in touch for a friendly chat*

Shashana Weare **Tel** - 07557 130 091 **Email** - face2facepods@hotmail.com

NEW FACE 2 FACE DROP IN SESSIONS AT STEPPING STONES

We are excited to share that we have recently started a weekly drop in session at the Information Hub at Stepping Stones Children's Centre in Malinslee. Our drop in sessions are held on Thursday afternoons 12noon - 2.30pm in the Hub room to the right on the reception area.

It's a private room that allows us to be able to chat with parent carers, explain more about what the Face 2 Face scheme is and can offer you - emotional and practical support. In the Hub we have internet access, laptop, printer and laminator so we can support parents to make personalised resources to use at home with their child or young person. Why not drop along to one of our sessions on a Thursday for a warm welcome.



CHRISTMAS SMILE PROJECT

We would like to say a huge Thank You to the Christmas Smile Project, who pledge to bring a smile to local people in need.

We was lucky enough to be offered gifts for the families receiving Face 2 Face support, including sensory gifts that that were purchased especially for some of our families.

We had a fun even if very long day picking and wrapping the gifts and then delivering the gifts out to our families. The feedback was amazing and very touching and we felt extremely privileged to be able to offer this. It truly is a wonderful project that supports so many families as well as individuals out in our local community.



SHORT BREAKS

As you know we have been working with the council regarding Short Breaks Services and we were made aware in late January of some changes to the structure of the service and a statement has been provided from Andrew Meredith, Commercial & Business Support Manager, My Options - Activity, Wellbeing & Care Services”.

We have shared results of the surveys and discussions with families which highlighted key points that we will continue to work on with the new Team Manager of the service. Recommendations we have reported on already include: Clarity of offer; Encouragement of wider voluntary and community groups to share what they offer for our families, Feedback sessions with families, Clarity on accessibility and criteria, Siblings and whole family activities, Before/after school clubs, Holiday clubs, Centralised booking system and information point, Understanding of personal budgets.

Andrew Meredith, Commercial & Business Support Manager for My Options – Activity, Wellbeing and Care Services writes: “You may have heard that there have been some recent changes to the Council’s short breaks provision, with Access To Activities, ICan2 Sports & Leisure, PA’s Access To Activities, Kreative Kids, Club 17 and the Summer Play Scheme all being bought together within the Council under the management of My Options – Activity, Wellbeing & Care Services.

The services will benefit from being part of My Options services as My Options provides a number of services and owns

various buildings that the Short Breaks customers may benefit from using, and from the administrative and managerial support available in My Options.

Although you won’t see any immediate changes in the Short Break services, they’ll now be managed as a single team and we have recently appointed a new team manager to oversee this, Holly Wells. Some of you may know Holly from her work with the Council as a Children’s Specialist Service Case Worker and her involvement in the Summer Play Scheme. Holly has extensive experience of working with children and young people with physical and learning disabilities and is the ideal person to help us develop our Short Breaks provision.

Part of Holly’s role will be to review our services to make sure that they meet the needs of the young people, and their families, that access them and make sure that accessing them is as easy as possible. As part of the review we will consult with our Commissioners, our employees, fellow professionals and, most importantly, the young people and their families who use the services.

This is an opportunity to make a great service even better and Holly, the team and I are really looking forward to working with you to achieve this”



SNAC (SPECIAL NEEDS ADVENTURE CENTRE)



SNAC is a group that has been created by local parents to meet the needs of disabled children/young people/adults locally by looking to create an activity play centre. We are looking to have somewhere that will have indoor and outdoor facilities with maybe access to a kitchen/cafe area, a sensory room, dark room etc. We are aiming to have somewhere that is accessible to everyone, no matter their ability or age. This project will also form a central 'hub' for parent carers.

The project is currently undergoing application to become a CIO (Charitable Incorporated Organisation) and is receiving guidance from Community Catalyst Team and Community Participation Team at the council which we are very grateful for.

Simon Buckley-Robins, one of original founders of this project states: "We've set this up because play area provision needs to be extended and more widely accessible - the idea has now grown into having a more centralised hub for all disabilities for parent carers to meet up".

The project has already attracted donations and fundraising activities are been organised. There are six Trustees of the project: Chair Simon Buckley-Robins, Secretary Karen Evans, Tina Lowe, Elsa Crone, Vicky Shenton and Nicola Vaughan, alongside Ivy Nicklin who is leading on much of the fundraising activity.

SHINING STARS GROUP

We asked Tina Lowe to give us an update on the new group which also links in with the Child Development Centre based at Malinslee and runs every Friday during Term Time. "Shining Stars a voluntary parent led play group for children U5 with additional needs, it's a place for parents to get support, advice and to meet others in similar situations. It is run by three volunteer parents that have children with additional needs so have lots of experience and knowledge and an understanding of the isolation and the issues and concerns that parents may feel. We are Tina, who has a 5 year old son with complex medical needs, autism, global developmental delay and other issues. Karen has a 5 year old daughter with Down's syndrome and Uma has a 5 year old son with autism. The group has many sensory toys, role play, a ball pit, lots of lights as well as many other indoor and outdoor toys. Weekly activities include painting, messy play and paper crafts. Makaton is also used"



Wills & Trusts

We've held a Planning for The Future Event with a focus on Wills and Trusts based on what families were asking for – this was very well attended and if you were unable to be there, then there is further information to be found from looking at the ebulletins on our website which have links to information about this subject www.podstelford.org/e-bulletins



Stepping Stones Hub

We've been working with our local commissioner who has granted us money to 'refurbish' the Stepping Stones Information Hub – we've had it decorated and purchased new storage cupboards – we have a dedicated laptop and printer in there and are currently ordering up to date information and resources for anyone to use. Information is available in here across a whole range and from 0-25years.

The PODS Drop-in sessions are open on a Tuesday Morning and there are also Face 2 Face drop-in sessions for more emotional and practical support on Thursday Afternoons.





EARLY HELP AND SUPPORT

There are 3 Locality Early Help Teams - Lakeside South, The Wrekin and Hadley Castle.- please see attached for contact details.

Family Early Help Practitioners offer parenting support, signposting to other services, and work within a whole family approach and alongside other professionals. There is also direct work with children and young people provided where this has been identified as a need.

The service provides universal groups and activities including the weekly Shining Stars Group within the Wrekin locality aimed at children with additional needs and their parents/carers.

There is an Early Help manager on duty every day in Family Connect, and within the locality teams there is

a Duty Practitioner available between 9-5 to offer advice, information and signposting. There are targets set by each areas Locality Board based on the priorities and needs for each area. We also provide targeted support groups - Incredible years Parenting Programme, and support programmes for those affected by domestic abuse.

Adult Early Help Practitioners are based within the Locality Teams and can support with transition between children's and adult services. There is an Adult practitioner on duty every day between 9-5 within each locality.

Sarah Hall

Team Leader
Community Early Help - Lakeside South
Early Help and Support

COMMUNITY EARLY HELP TEAMS

COMMUNITY EARLY HELP LAKESIDE SOUTH

[Community Early Help](#)

[Team Leader - Sarah Hall](#)

Sutton Hill Children's Centre,
103 Southgate, Sutton Hill
Telford, TF7 4HG Tel: 385465

[Woodlands Children and Family Centre](#)
Ironbridge Road, Madeley, Telford,
TF7 5HX, Tel: 385555

COMMUNITY EARLY HELP THE WREKIN

[Wellington Children's Centre](#)

North Road , Telford
TF1 3ES, Tel: 388077

[The Endeavour Centre](#)
North Road, Wellington
Telford, TF1 3ET
Tel: 385577

COMMUNITY EARLY HELP - HADLEY CASTLE

[Community Early Help Team Leader](#)
- Helen Clover

Pool Farm Avenue, Apley
Telford, TF1 6FR
Tel: 387183

Pods Pamper Event

Friday 15th June 2018
6.30pm - 9.30pm

The Wakes, Limes Walk,
Oakengates, Telford.
TF2 6EP



PODS Parent Carer Forum are hosting a Pamper Event
for our Parent Carers and family members.

We will have:

Reiki • **Indian Head Massage** • Reflexology • **Nails** • Eyebrows
Essential Oils • Henna • **Cakes** + lots of Treats!!

The bar will also be open!!

Tea & Coffee will be available to purchase for £1,
Maximum cost per treatment is £5.

There's no need to book just turn up!!



Stalls are still available for the event at a cost of £10, set up from 6pm.

If you would like more information or to book a stall please email:

✉ podsva1@outlook.com OR contact us via our Facebook page

 www.facebook.com/PODSForumTelford

We look forward to seeing you

DATES for your DIARY

**COME AND JOIN US AT OUR FAMILY GROUP
OVER THE EASTER HOLIDAY**

MONDAY 9TH APRIL - 10AM TIL 12PM

Admaston House, Admaston, Telford, TF5 0BN
Free car parking on site.

Further Family Groups are held on the First Monday, Second Thursday,
Third Wednesday, Last Monday and the Last Friday of the month
for details on all our Family Groups please visit our website
www.podstelford.org/family-groups/



Jayne Stevens

☎ 01952 271532

☎ 07775 342092

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🌐 www.podstelford.org

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