

## PHB can be paid in three ways

### Notional budget

You have more say over what care you get but no money will change hands.

You are informed how much money you have to spend then you will discuss with your CCG Care assessor the different ways to spend that money to meet your health care needs.

Your care assessor will then arrange the agreed care which will be paid for by the NHS in the normal way.

### Real budget held by a third party

You have more say in what care you get and a different organisation or Trust (not the NHS) will hold the money for you, this organisation will take care of the payments for the services which have been agreed and meet your health care needs and outcomes.

### Direct payments

You will receive the money to buy services that you and your care assessor have decided you need.

You, your family or carer will buy and manage the chosen services and will be accountable for showing how the funds have been spent.

**Contact us:** NHS Telford & Wrekin CCG  
Complex Care Team  
Halesfield 6, Telford, TF7 4BF

**Telephone:** (01952) 580349

**Email:** [complex.care1@nhs.net](mailto:complex.care1@nhs.net)

### Comments and concerns

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the children's continuing health care team or contact the PALS and the complaints team on:

**Telephone** 01952 580407

**Email:** [twccgpatientsservices@nhs.net](mailto:twccgpatientsservices@nhs.net)

### Useful websites

Telford & Wrekin Clinical Commissioning Group:  
<http://www.telfordccg.nhs.uk/>

Along with information about continuing care funding there are a number of useful documents that are available to download from the above website, these include:

*The Continuing Care pathway for children and young people – currently being refined*



Telford and Wrekin  
Clinical Commissioning Group

## Personal Health Budget (PHB) for children and young people

**Continuing Care Funding  
aged 0-18 years**

and

**Special Educational Needs  
aged 0-25 years**



## What is a Personal Health Budget (PHB)?

A PHB is a sum of money allocated to support the identified healthcare and wellbeing needs of your child. PHBs can be used in a range of ways to meet your child's healthcare needs. The aim is to give you more control over your child's healthcare. PHBs put choice and control in the individual's hands and can be used in a range of ways to meet your child or young person's healthcare needs.

Before receiving a PHB you will agree a health support plan with your care assessor. This will set out your health outcomes, how they will be met and the resources available.

You do not have to change the healthcare and support that is working well for you, but if something that is not working, you can use your PHB to change that.

## Who is eligible to apply for a PHB?

In line with current legislation Personal Health Budgets are available for children and young people aged between 0 and 18 who have complex health needs and who are eligible for continuing care funding have the 'right to have' a PHB.

PHBs are a key part of the national personalisation agenda, which aims to put individuals firmly in the driving seat of building a system of care and support that serves their needs. For families, this allows them to make key decisions about who cares for their child, when and how.

## What can I spend my child's PHB on?

You can spend the budget on care or services which help you to meet the health and wellbeing needs and outcomes identified and agreed through your support plan and with your healthcare assessor.

For example;

- A carer chosen by you and your child who may come from an agency or be employed directly by you;
- Ways of promoting changes to your child's lifestyle such as social and leisure activities, and
- You may be able to increase the options for you and your informal carer in having respite a break.

These are examples to give you an idea of what your budget could be spent on.

Your healthcare assessor will discuss with you other options that maybe appropriate for your child's needs.

## What you cannot spend your PHB on

If you have a PHB you will be able to use it for a range of things to help you meet your child's health outcomes.

There are some exceptions, for example you will not be able to pay for emergency care or care you usually get from your family doctor.

You are also not allowed to spend the money on gambling, debt repayment, alcohol or tobacco or anything illegal.

Treatments (like medicines) that the NHS would not normally fund because they are not shown to be cost-effective.

## What happens if I do not get Continuing Care?

The NHS already commission services on your behalf, such as:

Paediatricians

Hospital services

Community Children's Nurses

Speech and Language Therapists,

Physiotherapist

Occupational Therapist etc.

## The main things to know about PHBs

Your child's care and support should:

- Be safe and effective.
- Be a positive experience.
- Make things better for your child - not worse.